**CREATING YOUR VISION**

I want you to write a vision of business and your life 6 months to 1 year from now. Close your eyes. Imagine what you want your life and business will look like. Who are your serving? How many clients do you have? How does it FEEL to be in your business? What is your schedule like? Have you left your current job? What’s your income? How much is in your savings account? What’s your website looking and feeling like? Also how does your daily life look? How do you feel in your body, in your relationships, in your community?

Start writing and describing your vision as if you are watching a movie in your mind. Write it as yourself and in present tense (ex. It is July 20th, and I am… (where you are), I feel…, I wake up without an alarm, toss off the new sheets I bought from Parachute, and walk over to my home office/yoga room. My email is filled with emails from people wanting to work with me. I log into my Paypal account and see that my business account has just reached $5,000…, etc).

Get really specific. Dream big. Don't be afraid to sound silly or be asking too much. You'll write it as if you at the future you looking around at your life 6 months – 1 years from now and reflecting on what you see. There's no wrong way to do this, so have fun with it and get creative!